

## **PIERCING INSTRUCTIONS**

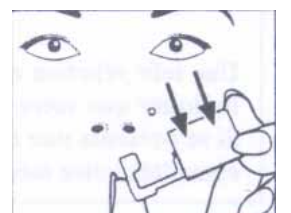
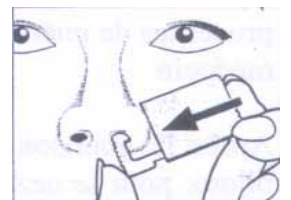
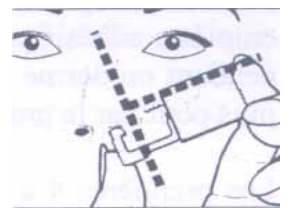
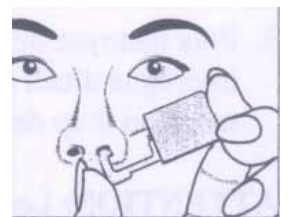
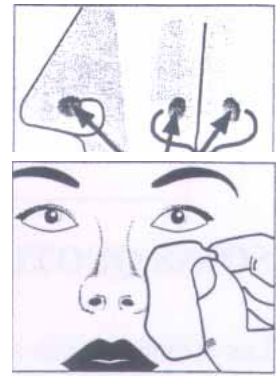
### **CAUTION:**

This device is designed for  
**NOSTRIL PIERCING ONLY.**  
Do not attempt to pierce the septum  
(the cartilage at the bottom center of  
the nose) with this device.

**READ ALL INSTRUCTIONS CAREFULLY BEFORE STARTING!**

1. Determine where you will pierce the nostril. The recommended area to pierce is indicated in Fig. 1.
2. Wash hands thoroughly, then clean the external nostril with MediSept™ Sterile Prep Pads or MediSept™ Ear Care Solution (Fig. 2).
3. Mar desired location with MediSept Non-Toxic Marking Pen (Fig. 3).
4. Open sterile package and remove the STUDEX self-piercer.
5. Position piercer (the small tab on the piercer goes inside the nostril and your thumb will be close to the end of your nose). See Fig. 4.
6. Close gently until it stops (Fig. 5). The point of the stud will touch the skin. The piercer should be perpendicular to the surface of the nostril. do not squeeze the piercer until ready to pierce.
7. To pierce, squeeze the piercer together firmly (Fig. 6). Piercing stud is placed in 1/10th of a second.
8. Release pressure on piercer (Fig. 7) and slide **DOWNWARD** and **AWAY** from the nose as shown in Fig. 8.

**See other side for after-piercing  
care instructions**



# **AFTER - PIERCING CARE for PIERCED NOSTRILS**

After-piercing care is very important!  
Most problems following piercing are  
the result of improper follow-up care.

## **DAILY CARE:**

Do the following before bathing once a day for 20 days:

1. Wipe the neck (ball end) of the stud with a clean cotton swab saturated with MediSept™ Ear Care Gel. (Fig. A)
2. While pushing gently on the stud to keep it from coming out of the nose, wipe the tail (point end) of the stud with a clean cotton swab saturated with MediSept Ear Care Gel. (Fig.B)
3. Wipe the neck again, using a clean cotton swab saturated with clean water. Repeat with another swab for the tail end.

**CAUTION:** For the first 3 days after piercing, the stud will slide out of the hole easily. Take care when cleaning the piercing not to push or pull it out. You should place an adhesive bandage over the stud at night to keep it from falling out while you sleep (Fig. C). After about 3 days, the hole will shrink around the stud as it heals.

For the first 4 to 6 weeks, you should not use a sauna or sun lamp, and do not sunbathe for long periods of time, as the heat will affect the healing process.

After app. 2 - 3 days it should be possible to move the stud without feeling pain. Then you should remove the nose piercing stud and replace it by a Nose Jewellery stud as you wish. CAUTION: Please note that the Nose Jewellery stud has to be put into the fresh pierced hole immediately in order to avoid that the hole is closing. A variety of styles you will find in our "PYGMY" selling range.

If you need to remove the stud for special circumstances (work or school, etc.), you may replace the stud with a clear plastic stud (INVISISTUD) and hold it in place with an adhesive bandage (Fig. D). You must keep some type of stud in the hole, however, or it will begin to close.

## **NOTICE**

**Pain, redness and swelling is not a normal result of nostril piercing.**

This condition could indicate an allergic reaction to gold, or that your body cannot tolerate a foreign object in the skin.

Should this condition occur, remove the stud immediately and consult your physician at once.

